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 that make a horse wheeze, roar, have Thick Wind or Choke-drawn can be reduced with
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 W. F. Young, Inc., 310 Temple St., Springfield, Mass.

Then Fur Flew.
 "Were you and Daddy good boys when I was gone?" asked the mother.
 "Oh, yes, mother," replied the child.
 "And did you treat nurse respectfully?"
 "I should say we did!"
 "And did you kiss her good night every day?"
 "I should say we did!"—Washington Dirge.

WHY DRUGGISTS RECOMMEND SWAMP-ROOT

For many years druggists have watched with much interest the remarkable record maintained by Dr. Kilmer's Swamp-Root, the great kidney, liver and bladder medicine.

It is a physician's prescription. Swamp-Root is a strengthening medicine. It helps the kidneys, liver and bladder do the work nature intended they should do.

Swamp-Root has stood the test of years. It is sold by all druggists on its merit and it should help you. No other kidney medicine has so many friends.

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However, if you wish first to test this great preparation send ten cents to Dr. Kilmer & Co., Binghamton, N. Y., for a sample bottle. When writing be sure and mention this paper.—Advertisement.

True.

My neighbor and I were discussing our husbands' likes and dislikes in food while Robert was playing with his tops nearby.

Neighbor said: "My husband doesn't like chicken at all."

Up piped Robert: "Why, that's funny, isn't it? Most men like chicken."—Exchange.

Watch Cuticura Improve Your Skin. On rising and retiring gently smear the face with Cuticura Ointment. Wash off Ointment in five minutes with Cuticura Soap and hot water. It is wonderful what Cuticura will do for poor complexions, dandruff, itching and red rough hands.—Advertisement.

But Takes Her Unsolved.

Bert—"Woman is an enigma. Man can't solve her." Yvonne—"And yet he won't give her up."

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The Farmington Times Women's Department

HELPFUL HINTS ON FASHIONS AND HOUSEHOLD SUBJECTS

Trimming Plays Important Part

Artistic Decorations on Clothes
 "Give the Distinctive Touch That Appeals."

MANY CHANGES IN FASHIONS

New Ideas in the Construction of Apparel Do Not Lie in Outline of Garments But in Unusual Embellishments.

"Wherever dress is discussed one hears the assertion, 'There is nothing new.' To the casual observer, observes a Paris fashion writer, there is little that is new. From a walk along a fashionable thoroughfare one gathers the impression that clothes are much the same as they were last year.

But the close observer, the one who really is interested in the fashions will see that there are changes—many of them—and that these changes are clever and subtle. They do not lie in

hand-made decorations, most of which consist of novel ways of working the materials composing the dress. A great deal of this sort of trimming is used, and it gives a look of elaboration to simply cut models. Sometimes it takes the form of upright folds sewn in patterns to form panels on skirts and pinstripes on bodices. Again it takes the form of geometrical pieces sewn to the dress in a distinct pattern.

Another unusual form of trimming consists of narrow tabs embroidered in self-tone, and still another interesting effect is produced by small leaflike points and narrow strips cut from two layers of material pasted together. This makes it possible to use the raw edge.

These tabs and strips are massed to form a design. Sometimes the edges are finished with a line of water color paint, or again, there is a tiny metal ball, usually steel, sewn to the tip.

Colors Relieve Sombre-Hued Dresses. The most lavish user of self-trimmings is Madame Renee, of Paris. She does marvelous things with materials, working out intricate designs in silks, cloths and velvets.

An example of one of the simpler methods of trimming with strips of the material is in chemise frock. It is of maroon-colored crepe de chine adorned with interlacing strips of the silk.

A dress from Margaine Lucroix, with innumerable strips of the cloth form a ladder-like device. The trimming bands are made separately and then loosely sewn to the gown. The girdle also is constructed in this way.

This frock is a confirmation of the tendency to relieve dark clothes with bright colors, the model being a black broadcloth, with the cascading side panels and the sleeve tabs of Chinese green silk, a shade which is one of fashion's favorites just now. It not only is used extensively as a trimming, but takes a prominent place in footwear. Slippers of Chinese green brocade are smart with either black or white evening gowns.

Metal Cloth Sparkling With Color. Jenny achieves the unusual through a scarf yoke and a girdle of silk flowers, both of the material which forms a straight-line dress. The scarf yoke is a feature with Madame Jenny. She makes it do many new tricks, such as forming sleeves or a train. In this instance it makes a panel back.

Shawls, which still hold their place in the sun, frequently are called upon to do duty as trimming, and there is no doubt that they make one of the most graceful decorations.

Margaine Lucroix uses the shawl idea with excellent effect in a frock composed of silver cloth and taupe satin. The skirt, which is long and uneven at the bottom, is of the satin. This is attached to a straight bodice of silver cloth tinted with orange. These tinted metal cloths, which are new this season, are soft and supple. They also come in all the violet shades, as well as wonderful raspberry reds.

Over the shoulders falls a scarf of the satin in shawl effect. This, as well as the skirt, is lined with orange colored silk, and one end of the shawl is fringed with orange. The bodice is embroidered with steel beads and silver threads. Slippers of orange and silver brocade are worn with this costume.

Among the many details that go to make up the winter fashions are cut-out designs of cloth applied to frocks of sheer fabrics. Lanvin applies broadcloth in interesting border designs to the sheer, flowing sleeves of many of her frocks. Usually she selects cloth a few shades lighter than the gown itself. This idea is not new, but, nevertheless, it is much in use.

Braids Enliven Furs and Frocks

There is a penchant for sparkling effects in dress and, consequently, these cloth motifs often are covered with a cut-work of steel beads, or embroidered in glistening metallic threads.

Other glistening trimmings are the braids that have the glistening white appearance of bright new silver. Even furs are enlivened by inserts of such braids. Perhaps it is the liking for glistening ornamentation that has brought materials shot with gold into so much prominence.

Foliage Trims Mid-Winter Dresses.

On black dresses star trimmings are made by glistening points of jet, and simple black velvet gowns have sashes, trains and panels lined with silver and brightly tinted metal cloths. Incrustations of rhinestones also are used on black velvets. This combination is especially popular at the house of Worth. One of Worth's best models is of black velvet patterned with rhinestones.

Leaves and flowers are very important trimmings, especially when used

THE KITCHEN CABINET

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A FEW NUT SALADS

The amount of nuts added to any combination used as a salad adds greatly to its nutritive value.

Peanut Salad.—Take one head of lettuce, wash and separate the leaves, then wrap and put away to drain. Remove the seeds from a green pepper, also the white membrane, and cut the pepper into wafer-like slices. Rub the

skins from one cupful of peanuts and chop coarsely. When ready to serve, place the lettuce in a salad bowl, scatter the pepper and nuts over it and decorate with forms cut from pimento. Season well with salt, paprika and pepper. Serve with French or boiled dressing.

Cream Cheese, Grape and Pecan Salad.—Take one pound of California grapes, remove the seeds and mix with one-quarter pound of pecan nut meats broken in bits; add French or mayonnaise dressing and place on head lettuce. Take one cream cheese, mix with cream to soften, then press through a ricer over the salad. Decorate with halved nuts and forms cut from canned red peppers.

Almond and Banana Salad.—Peel and scrape three bananas, cut in quarters lengthwise and sprinkle with lemon juice. Chop one-half pound of salted almonds very fine; roll the bananas in them. Arrange on head lettuce and sprinkle with seeded grapes. Pour over French dressing made by using lemon juice instead of vinegar.

Walnuts and Potato Salad.—Chop six cold boiled potatoes, one-half cupful of nut meats, one small cooked beet, three or four pickles, a stalk of celery, one-half of a green pepper, finely shredded, and one cupful of thick, rich, highly-seasoned boiled dressing. Press into a mold and let stand to chill; serve on lettuce that has been sprinkled with onion juice.

Hard Sauce.—Cream one-half cupful of butter, add one cupful of powdered sugar, then fold in the stiffly beaten white of an egg. Cream may be used in place of the egg, whipped until stiff, using two tablespoonfuls of butter instead of the half cupful.

If, instead of a gem, or even a flower, we should cast the gift of loving thought into the heart of a friend, that would be giving, I think, as the angels must give.—George MacDonald.

SEASONABLE GOOD THINGS

Those who are fond of cottage cheese will find some suggestions from the following recipes:

Cottage Cheese Loaf.—Take one cupful of chopped cooked carrots, one cupful of ground peanuts, one cupful of bread crumbs, one cupful of cottage cheese, two eggs, two tablespoonfuls of sweet fat, one tablespoonful of chopped parsley, a little onion juice, one-half teaspoonful of mustard, one teaspoonful or less of salt, a few dashes of cayenne and paprika.

Cheese Salad.—Put cottage cheese mixed with two tablespoonfuls of boiled salad dressing—using one cupful of the cheese—through a ricer and heap on hearts of lettuce. Serve with a spoonful of the dressing on the top of each.

Cottage Cheese Sandwich Filling.—Chop one-quarter cupful of candied cherries, add to one cupful of cheese that has been enriched with cream to the consistency for spreading, season with a dash of salt and sugar and spread on white buttered bread for sandwiches.

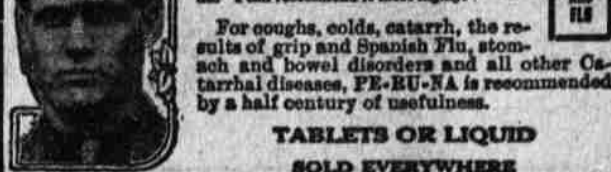
Brazil Nut, Orange and Pineapple Salad.—Wash the heart leaves of lettuce and arrange for individual service. Take one cupful of pineapple cut in dice, two oranges divided into sections and one-half pound of Brazil nuts, with skins removed and cut in thin slices. Mix well and add whipped cream, with two tablespoonfuls of boiled salad dressing and seasoning to taste to one cupful of whipped cream. Serve on the lettuce.

Rhubarb and Pear Salad.—Bake two cupfuls of rhubarb with one-half cupful of sugar until tender but unbroken; chill. Mix with four tablespoonfuls of olive oil, two tablespoonfuls of lemon juice, a teaspoonful each of powdered sugar and salt with a dash of cayenne. Arrange the rhubarb over halves of pears; pour over the dressing and sprinkle with a little chopped candied ginger.

Nellie Maxwell

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